Health and Human Rights: Annotated Bibliography

This bibliography is a selective sampling of educational resources that introduce students to health and human rights as they relate to a diversity of social, policy, and health care delivery practices. Materials may be suitable for students at the advanced high school, undergraduate college, and public health graduate school level. Health and human rights is an inherently multidisciplinary field. Learning objectives and supporting materials will vary depending on how the material is used in a course. Brief annotations provide a cursory summary, and indicate where certain materials might be particularly relevant. Within each section, dated publications are listed in each section in chronological order.

This bibliography accompanies three videos prepared in partnership with the Incubator and Alicia Ely Yamin, Visiting Professor of Law and Program Director of the Health and Human Rights Initiative at the O’Neill Institute at Georgetown University Law Center, and Adjunct Instructor on Law and Global Health at the Harvard T.H. Chan School of Public Health. The materials listed here represent a diversity of viewpoints and opinions and do not necessarily reflect the viewpoints and opinions of either the Incubator or Professor Yamin.

Human Rights Documents

The materials in this section are primary source documents that play or played a key role in national or international policies. Some relate to health more obviously than others; all contain components that directly affect the health of those they govern. These basic human rights documents are included in this bibliography to help teachers select documents (or sections of documents) relevant to the connections between social circumstances, governance, and health.

1. United States Constitution (1787)
   https://www.archives.gov/founding-docs/constitution

   The United States Constitution is a foundational document of government for the United States of America, drawn up in Philadelphia under the leadership of George Washington, setting forth how the country’s national government will be structured and operates. The National Archives website includes the text, images of original documents, a description of what it says and what it means, and links to related articles.

2. United States Bill of Rights (1789)
   https://www.archives.gov/founding-docs/bill-of-rights

   The Bill of Rights is the document of the first ten Amendments to the Constitution. The Amendments spell out the rights of American citizens (originally protecting only land-owning white males) in relation to...
government. The Bill of Rights guarantees civil rights, sets rules for due legal process, and recognizes that other rights may also exist that belong to states or to the people.

3. **France’s Declaration of the Rights of Man and Citizen (1789)**
   [http://avalon.law.yale.edu/18th_century/rightsof.asp](http://avalon.law.yale.edu/18th_century/rightsof.asp)

   This is the founding document of the French Revolution. Created out of the belief that human rights are both "natural" and universal for all (again, originally limited to white men), the Declaration was inspired by Enlightenment philosophers and by the American Revolution. The document influenced European structures of democracy and freedom throughout the 19th and 20th centuries, and its ideals helped to shape the Universal Declaration of Human Rights (UDHR).

4. **Mexican Constitution of 1917**

   Mexico’s Constitution, the third since the nation’s founding in 1824, went into law in 1917 and is said to be the first national constitution to set out social rights. Among its many articles, it mandates a governance structure that restricts religious control, influenced land reforms, promotes fair working conditions, and affirms universal rights to health, housing, and food.

5. **World Health Organization Constitution (1946)**
   [http://www.who.int/governance/eb/whoconstitution_en.pdf](http://www.who.int/governance/eb/whoconstitution_en.pdf)

   The World Health Organization (WHO) Constitution outlines foundational WHO principles and practices. WHO was created out of the United Nations in 1946, to replace the Health Organization, which had been part of the League of Nations’ Economic and Social Council. WHO is the global organization responsible for directing and coordinating international health within the United Nations. The WHO Constitution affirms the highest possible attainment of health as a fundamental right of all people without distinction.


   The United Nations’ Universal Declaration of Human Rights (UDHR) was drafted by a committee of representatives from around the world in response to the atrocities of World War II. Launched at the United Nations General Assembly on December 10, 1948, it was designed to encapsulate universally agreed-upon ethics that could serve as a common standard for human rights of all peoples and all nations. The UDHR has no legally binding power but is usually considered together with two 1966 International Covenants that do have legal power: the International Covenant on Civil and Political Rights (ICCPR) and the International Covenant on Economic, Social and Cultural Rights (ICESCR). UDHR Article 25 affirms a universal right to a standard of living adequate for health and well-being, and recognizes that health requires rights to food, clothing, housing, and medical care and necessary social services, social security, and special care and assistance for mothers and children.

This illustrated edition of the Universal Declaration of Human Rights (UDHR) pairs each Article with a graphic intended to illustrate that right’s key concepts. This edition might be useful in primary, secondary, or multi-lingual school classrooms. It may be reproduced and/or translated without restrictions as long as it is distributed at no cost.

8. International Covenant on Civil and Political Rights (ICCPR) (1966)
   [http://www.ohchr.org/EN/ProfessionalInterest/Pages/CCPR.aspx](http://www.ohchr.org/EN/ProfessionalInterest/Pages/CCPR.aspx)

   The ICCPR is one of two international human rights treaties that expands on Articles of the Universal Declaration of Human Rights (UDHR). The ICCPR focuses on civil and political rights such as, for example: freedom of speech, right to free assembly, right to religious freedom, right to a fair trial, and the right to vote.

   [http://www.ohchr.org/EN/ProfessionalInterest/Pages/CESCR.aspx](http://www.ohchr.org/EN/ProfessionalInterest/Pages/CESCR.aspx)

   The ICESCR is one of two international human rights treaties that expands on Articles of the Universal Declaration of Human Rights (UDHR). The ICESCR focuses on economic, social, and cultural rights such as, for example: the right to health, education, housing, an adequate standard of living, employment, and free practice of one’s indigenous culture and language.

    [http://www.ohchr.org/EN/ProfessionalInterest/Pages/CEDAW.aspx](http://www.ohchr.org/EN/ProfessionalInterest/Pages/CEDAW.aspx)

    The United Nations Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW) is an international treaty adopted in 1979 that confirms States’ agreement to ensure equal rights for women. It addresses issues such as, for example: gender stereotypes, sex trafficking, rights to nationality and politics, equal rights as men to education, employment, and health; and the right to equality in marriage.

    [http://www.ohchr.org/EN/ProfessionalInterest/Pages/CRC.aspx](http://www.ohchr.org/EN/ProfessionalInterest/Pages/CRC.aspx)

    The United Nations Convention on the Rights of the Child (CRC) is a legally binding treaty adopted by the United Nations (UN) in 1989. It sets forth the minimum standards essential to protect children’s rights. UN Member States that ratify the CRC agree to protect rights that include, for example: non-discrimination, a child’s best interests, respect for the rights and responsibilities of families, privacy, protection from violence, and education.

    [http://www.ohchr.org/EN/ProfessionalInterest/Pages/Vienna.aspx](http://www.ohchr.org/EN/ProfessionalInterest/Pages/Vienna.aspx)

    The Vienna Declaration and Programme of Action ("Vienna Declaration") was adopted at the World Conference on Human Rights in 1993. Inspired by the end of the Cold War, it reaffirms human rights as a universally relevant standard, and emphasizes the “indivisible, interdependent, and interrelated” nature of economic, social, cultural, civil, and political rights.
13. **Cairo Programme of Action** (1994)  

   The Cairo Programme of Action was adopted at the International Conference on Population and Development in Cairo, Egypt, in 1994. The document is a comprehensive statement outlining a 20-year plan by 179 countries. It was the first multilateral, formal public affirmation recognizing that reproductive health and rights, as well as women’s empowerment and gender equality, are vital for successful global population and development efforts.

   http://beijing20.unwomen.org/~/media/headquarters/attachments/sections/csw/pfa_e_final_web.pdf

   The Beijing Declaration and Platform for Action (“Beijing Declaration”) was adopted at the United Nations’ Fourth World Conference on Women in Beijing, China, in 1995. It represents a global effort to put into action the United Nations’ charter article affirming a provision for equality between men and women as well as sexual and reproductive rights.


   The United Nations Convention on the Rights of Persons with Disabilities (CRPD) is a legally binding human rights treaty that adopts a broad view of persons with disabilities, and affirms the agency of all persons with disabilities as individuals who are entitled to enjoy all human rights and fundamental freedoms.


   This report, from the Office of the United Nations High Commissioner for Human Rights (OHCHR), provides technical guidance to help policy-makers translate human rights language into action to improve women’s health and rights. It outlines how to implement policies and programs that reduce maternal mortality and morbidity in line with human rights standards. It highlights the need for effective enforcement mechanisms as well as international assistance and cooperation.


   This report from the Office of the United Nations High Commissioner for Human Rights provides technical guidance to help policy-makers translate human rights language into action to improve the health and rights of children under age 5. It contains operational advice on legislation, coordination, planning,
budgeting, implementation, monitoring and evaluation, and on international cooperation in line with human rights standards for children.


   This document sets forth the United Nations Resolution defining and outlining the 2030 Agenda for Sustainable Development, which replaced the Millennium Development Goals in 2015. It identifies 17 Sustainable Development Goals (SDGs) that aim to eliminate poverty, discrimination, abuse and preventable deaths, address environmental destruction, and enable an era of development for all people by 2030. The document is available in two formats:


   This statement, adopted in May 2016 by the World Health Assembly (WHA), outlines the vision launched by the UN Global Strategy for Women's, Children's and Adolescents' Health (2016-2030). As a policy document, it serves as a non-binding appeal to all UN Member States to put the Strategy into practice for the benefit of all women and children; to stakeholders to support implementation plans; and it requests the UN Director General to maintain progress and accountability on national plans and relevant elements of the Strategy, including reliable data collection and analysis.

**Reports**

The documents listed in this group are primarily reports developed by collaborative groups of high-level researchers and policy-makers with the goal of influencing health and human rights policies and practices.


   This report is important for its historic role in establishing why health is vital in global development and funding. The report examines how human health, health policy, and economic development connect. It recommends a three-step health policy approach for governments in developing countries and in the formerly socialist countries that is focused on households, investment in schooling, particularly for girls, funding priorities on low-cost and highly effective health interventions, and greater diversity and competition in health service delivery. The 1993 report served as the foundation for the 2013 Lancet Commission report, Global Health 2035: A World Converging Within a Generation.


   This report is important for its historic role in launching a global policy focus on social determinants of health and illustrates why inequities are a matter of life and death for all communities. Produced by the
World Health Organization’s Commission on the Social Determinants of Health (CSDH), it aimed to draw the attention of governments and society to the social determinants of health and the value of creating better social conditions for health, particularly among the most vulnerable people. The report includes stories, charts, and related resources integrating human rights that continue to be relevant today.


   This handbook describes indicators and related measurement strategies for sustaining and strengthening health systems. It uses a World Health Organization (WHO) framework of “building blocks” that include service delivery, health workforce, information, medicines, financing, and governance. While the handbook does not explicitly discuss human rights, it may be useful in developing or evaluating health rights-based activities and systems.


   This document offers an action- and policy-focused global strategy to address the need for more effective financing, practical government policy, and improved service delivery that will protect and prevent women and children from preventable health risks worldwide. It emphasizes the importance of health workers and leadership actors working together to improve health delivery access, interventions, and monitoring, evaluation, and accountability.


   This report focuses on the importance of and need for accountability in the post-2015 development plan of the Sustainability Development Goals. It is available as both a full-length and brief summary document. It defines accountability, articulates its importance in realizing human rights, and outlines who should be accountable, for what in the SDGs, and how such accountability might be effectively ensured. The document illustrates the framework that shaped the debates and discussions that were to lead to priority focus on accountability and human rights in the subsequent development of the SDGs.


   This report shows why and how applying human rights to health interventions for women and children not only helps governments comply with their obligations, but also contributes to improving the health of women and children. Women and children’s health policies need research and evaluation that can clearly identify and highlight many of the human rights dimensions of the interventions. The report is targeted to governments, parliamentarians, and public health professionals engaged in policy development, monitoring, evaluation, and research in the field of women’s and children’s health. It aims to also generate discussion and action from policy-makers on a human rights-based approach to health, and would be suitable for public health students exploring women’s and children’s health concerns.

This report focuses on issues of fairness and equity in policy efforts at universal health coverage (UHC). It offers a three-part strategy with practical recommendations. The report is designed for government decision makers who can impact their country’s health policies. It highlights the importance of a strong system for monitoring and evaluation to promote accountability and participation for all.


This report uses a theory of political economy to analyze China’s policy changes and accomplishments. The four sections: (1) review the history of the Chinese health system between the 1950s and 1990s, (2) analyze political economy factors that led to China’s UHC policy in 2009, (3) describe the policy outcomes and current financing structure, and (4) discuss the challenges that remain and potential lessons from the China experience for other nations. The China case demonstrates the importance of medical ethics in health care.


This guide provides health policy-makers practical guidelines for implementing a human rights-based approach (HRBA) to health care efforts for women and children. The guide is organized into six sections, each of which includes sample questions to consider, examples to illustrate the questions, and an HRBA “reflection” designed to offer insight into why the issue matters from a human rights perspective. The six sections consider best practice in health policy through (1) planning, (2) budgeting, (3) implementation, (4) monitoring, review, and oversight, (5) remedies, and (6) international assistance and cooperation. It could be used as a teaching tool in discussing the development of health policy guidelines and what human rights-based approaches to health mean.


This report reviews 75 countries that achieved some progress toward successfully attaining Millennium Development Goal (MDG) 4—to lower under-5 child mortality rates by two-thirds—and MDG 5—to reduce maternal mortality rates by three-quarters—between 1990 and 2015. It includes visual and graphic data as well as case studies on five countries: India, China, the Philippines, Democratic Republic of the Congo, and Argentina. The document represents the final report of a four-year Independent Expert Review Group.
(IERG) that outlines results, resources, and progress of the UN Global Strategy, “Every Woman Every Child.” The iERG put forth three new recommendations that would set important preconditions for successes in global health during the SDG era. The report also contains related resources and appendixes that include definitions of the indicators used in analyses, the most current survey data from 98 countries, and time-trend data from 10 countries.


This report represents a global collaborative strategy effort, led by the World Health Organization, to position adolescents in addition to women and children, at the heart of the UN Sustainable Development Goals (SDGs). The report identifies the unique health challenges adolescents face, and explains their role alongside women and children to drive change in the post-2015 era. The Strategy reflects a life-course perspective and an integrated, multisectoral approach, recognizing that health-enhancing factors—including nutrition, education, water, clean air, sanitation, hygiene, and infrastructure—are essential to achieving the SDGs.


This document offers technical guidance for health policy-makers who are applying human rights-based approaches (HRBAs) to policies and programs that aim to reduce maternal and under-5 child mortality and morbidity. It is part of a collection of Reflection Guides targeted to health policy-makers, national human rights institutions, and health workers; the series also includes a one-page sheet of additional resources for all three groups.


This document offers technical guidance for national human rights institutions as they apply human rights-based approaches (HRBAs) to policies and programs that aim to reduce maternal and under-5 child mortality and morbidity. It is part of a collection of Reflection Guides targeted to health policy-makers, national human rights institutions, and health workers; the series also includes a one-page sheet of additional resources for all three groups.


This report describes how 24 developing countries (representing one-third of the world’s population) are implementing universal health coverage (UHC) using a “bottom-up” approach. The book will help policy-makers understand the options they face and help them shape operational research agendas that help
Chapter 6 (pp. 161-85) particularly focuses on “Strengthening Accountability.”


This report, presented to the Secretary-General of the United Nations by the Leadership Council of the Sustainable Development Solutions Network, outlines the importance of a comprehensive indicator framework to support the goals and targets of the Sustainable Development Goals (SDGs). It outlines 10 principles for Global Monitoring Indicators (GMIs), so they track the range of SDG priorities in a clear and effective manner. Six annexes consider indicators and monitoring framework in detail, including a description of proposed indicators for all 17 SDGs. Intended for policy implementers who will put the framework into practice, the report might also be especially useful for public health students discussing how to turn the SDGs and their targets into a management tool to help countries develop implementation strategies and allocate resources accordingly, as well as a report card that measures progress and helps ensure stakeholder accountability.


This document offers technical guidance for health workers who are applying human rights-based approaches (HRBAs) to policies and programs that aim to reduce maternal and under-5 child mortality and morbidity. It is part of a collection of Reflection Guides targeted to health policy-makers, national human rights institutions, and health workers; the series also includes a one-page sheet of additional resources for all three groups.


This report provides the indicator and monitoring framework for use with the World Health Organization’s Global Strategy for Women’s, Children’s and Adolescents’ Health (2016-2030). The Framework is intended to help in the practical application of the Global Strategy to support national Sustainable Development Goals (SDG) and health monitoring. It focuses on three objectives (Survive, Thrive, Transform) and 17 targets.


This report tracks accountability for the World Health Organization’s Global Strategy for Women’s, Children’s and Adolescents’ Health 2016. The website offers a visually dynamic summary of the issues and challenges. The document is available in full-length or summary format, and integrates narrative about human rights into its findings and recommendations.

*This report outlines, defines, and briefly discusses the aim of each of the 17 Sustainable Development Goals (SDGs). Each SDG is illustrated by graphic fact sheets useful in the classroom or as stand-alone teaching materials.*


*This report emphasizes that the right to health does not stand alone but is indivisible from other human rights. Targeted to influence world leaders, the report calls for a transformative leadership agenda as vital if women, children, and adolescents are to realize their health and well-being and to flourish and prosper; and it describes the key dimensions of this agenda. The authors urge leaders to found their work on this agenda on the human rights principles of equality, inclusiveness, non-discrimination, participation, and accountability, in order to create the transformation necessary to secure more peaceful, fairer, and more inclusive societies, for everyone.*

---

**Online Learning / Educator Guides**

**The resources in this section are all brief talks or guides that could be used as online learning or educator guides to help students begin to think about human rights as they relate to health and equity.**

https://www.youtube.com/watch?v=BJTSS5lTHs.

*In this TED talk, international health professor, Hans Rosling, uses his Gapminder tool and related visual statistical tools and databases to demonstrate disparities that have affected health around the world since the 19th century. It may be useful in introducing students to these basic concepts.*

2. **Grade 5 English Language Arts: Module 1: Human Rights.** Expeditionary Learning 2013.  

*This teaching module was designed for use in the New York State Common Core English Language Arts curriculum to introduce fifth graders to basic concepts about human rights. Unit 1 (11 lessons that may be used independent of Units 2 and 3) engages students in a close read of the introduction and select articles of the Universal Declaration of Human Rights (UDHR). Units 2 and 3 invite students to apply this learning to reading and discussion of a particular novel, Esperanza Rising, by Pam Muñoz Ryan. All modules aim to build literacy skills while developing global awareness. Published in 2013, additional updates related to the NYS Common Core ELA Curriculum were added in 2014 and 2015.*


*This toolkit provides educators and development professionals with eight teaching modules on key areas relevant to child rights. They were developed by UNICEF and include: 1) Introduction, 2) Overview of Child Rights, 3) Contextualization of a child rights-based approach, 4) International law in Child Rights, 5) Child Rights in Development programming, 6) Analyzing children’s needs, 7) Child Rights education, and 8) Reflections on the Child Rights Toolkit.*


This TED talk by international health professor, Hans Rosling, and his son, provides an entertaining introduction to understanding global disparities related to health. Rosling invites his audience to test and respond to questions identifying common misperceptions about health statistics and the consequences of global inequities in the world today. The video would be useful as a basic introduction to global health through the lens of global studies.


This TED talk begins with the skepticism of Paul Hunt’s 8-year old son that human rights efforts actually work, given his dad’s constant efforts as a global expert in human rights law. Hunt emphasizes that if we want human rights to speak to policy-makers and practitioners, we need evidence that they work. Using short video clips, the talk argues that there is a new, dynamic, global movement for the practical implementation of these empowering human rights. These rights signpost “the road less travelled” to equality and equity for all. This video is especially suitable to introduce students to the connection between human rights and ideas about equity.


This article for teachers describes the authors’ experience establishing and running a weekly human rights club for immigrant and refugee youth in a public high school in a large urban area on the West Coast of the United States. The article includes discussion of sensitivities such as class, race, and undocumented status, and provides useful guidelines and advice for other educators who seek to bring these concerns into the classroom and public school community.


This web portal provides ten chapters or “windows” into applying a human rights-based approach (HRBA) to health, each focused on a specific health issue or vulnerable population. The portal is designed for advocates and practitioners around the world. Chapters consider: patient care, HIV/AIDS, tuberculosis, harm reduction, palliative care, children, minorities, LGBTI, disability, and access to medicines. This online book/portal was developed by Harvard University FXB Center for Health and Human Rights in collaboration with the Open Society Foundations.
Topic Portals

This section includes websites that function as topic portals into a collection of related materials pertaining to health and human rights. Resources include selected web-based report series, online journals and journal series, and resource libraries.

1. **BMC International Health and Human Rights.** [https://bmcinthehealthhumrights.biomedcentral.com](https://bmcinthehealthhumrights.biomedcentral.com).

   This open access online journal publishes original peer-reviewed research articles related to health and disease in developing and transitional countries. It also features issues related to the impact of health policies, programs, and practices on human rights.


   This topic portal is a free online resource of law from around the world relating to health and human rights. The site offers an interactive, searchable, and fully indexed database of case law, national constitutions, and international instruments, with three sections: (1) Judgments, (2) International and regional instruments, and (3) National constitutions. Designed for lawyers and law students, the database may also be useful in a public health classroom considering the relationship between public health and human rights. The portal was developed by Lawyers Collective and the O’Neill Institute for National and Global Health Law at Georgetown University, in collaboration with a worldwide network of civil society partners.


   This open access online journal is the flagship publication of the Harvard University François-Xavier Bagnoud Center for Health and Human Rights. Founded by Dr. Jonathan Mann in 1994 and currently edited by Dr. Paul Farmer, the Health and Human Rights Journal (HHR) provides an inclusive forum for action-oriented dialogue among human rights practitioners while also focusing rigorous scholarly analysis on the conceptual foundations and challenges of rights discourse and action related to health.


   This topic portal of the Health and Human Rights Journal highlights a series of essays and blog posts about the Sustainable Development Goals (SDGs) published in September 2015. The series also includes essays directly relevant to universal coverage and accountability:
   - *Introduction: What might SDGs mean for human rights and health?* by Carmel Williams and Alison Blaiklock
   - *SDGs and the Importance of Formal Independent Review: An Opportunity for Health to Lead the Way* by Paul Hunt
   - *Universal Health Coverage and the Right to Health* by Audrey Chapman
   - *The Slippery Target for Child Survival in the 2030 Agenda for Sustainable Development* by Elizabeth Gibbons
Health and Human Rights: An Annotated Bibliography

SDG SERIES: Leaving No One Behind: Human Rights and Accountability are Fundamental to Addressing Disparities in Sexual and Reproductive Health by Rebecca Brown

With SDGs Now Adopted, Human Rights Must Inform Implementation and Accountability by Carmel Williams and Alison Blaiklock

National Health Equity Strategies to Implement the Promise of SDGs by Eric A. Friedman


This web portal of the "Millennium Development Goals and Beyond 2015" includes links to each of the eight Millennium Development Goals (MDGs) and to all the reports issued on their progress since 2002. Resources include: Millennium Development Goals Reports; MDG Gap Task Force Reports; Reports on the MDGs by the United Nations Secretary-General; a sampling of other related United Nations reports; the Recommendations of the MDG Africa Steering Group; Regional MDG reports; Millennium Project Report [on] Investing in Development; and the Human Development Report.


This web portal (known as the “HRBA Portal”) features resources to help integrate a human rights-based approach into development work at the program level. It includes background information, training and learning materials on nearly two dozen topics, and offers access to the United Nations Human Rights Policy Network, HuriTALK, where more than 2,000 practitioners from across the globe can share experiences and examples of integrating human rights lessons into their work.


This webpage offers users a searchable library catalogue of more than 17,000 resources from the United Nations Office of the High Commissioner for Human Rights (OHCHR).

Informational Briefs

This section contains short summaries, blogs, and brief essays that help readers gain a quick understanding of some aspect of health and human rights.


This blog post provides an easy-to-understand summary of how the Sustainable Development Goals are different from the Millennium Development Goals in their creation and vision for change. The author, a leading economist, explains why accountability to human rights is a vital next step for the realization of health and development. The post was published by Speri.Comment, the political economy blog of the Sheffield Political Economy Research Institute.

   This webpage summarizes the human rights approach that informs the United Nations’ Convention on the Rights of the Child (CRC). The page includes links to background on human rights, the development of the CRC, and how it operates to protect children.


   This one-page bibliography supplements three United Nations Reflection Guides on applying human rights-based approaches (HRBAs) to health; the guides and the additional resources are targeted to health policymakers, national human rights institutions, and health workers active in providing health support in the areas of sexual and reproductive health and the health of children under 5.

   http://www.ohchr.org/EN/PublicationsResources/Pages/FactSheets.aspx.

   This booklet-length fact sheet provides lay readers with basic answers to questions about social, cultural and economic rights, inherent in the 1948 Universal Declaration of Human Rights (UDHR) and the 1966 International Convention on Economic, Social and Cultural Rights (ICESCR). It is part of a series of similar fact sheets, on a variety of aspects of human rights, published by the United Nations Office of the High Commissioner for Human Rights.


   This guide offers practical guidelines for those who work in human rights institutions to help effectively and meaningfully implement a human rights-based approach to women and children’s health care. National human rights institutions (HRIs) and independent human rights institutions for children (IHRICs) are uniquely placed to hold governments accountable for the right to health and survival for all women and children, without discrimination. The guide is organized into five sections, each of which includes sample questions to consider, examples to illustrate the questions, and an HRBA “reflection” designed to offer insight into why the issue matters from a human rights perspective. The five sections consider best practice in health policy through (1) planning, (2) budgeting, (3) implementation in practice, (4) monitoring, review, and oversight, and (5) remedies. It could be used as a teaching tool in discussing the development of health policy guidelines.

   This fact sheet lists and describes the 17 Sustainable Development Goals (SDGs) in a table providing examples of related human rights documents pertinent to each SDG. It is intended to illustrate the comprehensive nature of the SDGs in contrast to the Millennium Development Goals (MDGs). The document also includes a chronological list of all major international human rights instruments between 1948 and 2007, with associated links. The document is suitable for use as a teaching tool in high school or introductory college classes and classroom section discussions on international public policy, economic development, or global health, human rights, and sustainability.


   This online informational summary offers a brief on the human rights-based approach to economic development cooperation, and how human rights standards and principles should be put into practice in programming. It summarizes elements of good practice under a human rights-based approach, and discusses rights vs. needs, rights holders and duty bearers, and available mechanisms for protecting human rights from a development perspective.

**Multimedia**

The resources in this section include a brief selection of videos that introduce a range of cross-disciplinary topics related to human rights pertaining to health.

   [https://www.youtube.com/watch?v=VQ3sHfYzcv8](https://www.youtube.com/watch?v=VQ3sHfYzcv8).

   This video explains the concept of universal coverage and uses examples from six countries—China, Oman, Mexico, Rwanda, Thailand, and Turkey. It aims to show ways that all countries can provide accessible and affordable care for their people.


   This 2-minute video offers a development economist’s “soundbite” of key points about the United Nations Sustainable Development Goals (SDGs), soon after their initial release in 2015. Professor Sakiko Fukuda-Parr summarizes what international affairs students should know about the SDGs and where we need more information from the mainstream media.


   This video offers a full-length (1.5 hour) lecture on the Sustainable Development Goals (SDGs) by leading development economist, Professor Sakiko Fukuda-Parr. The lecture was delivered as part of the University of Texas’ Rapoport Center’s Inequality and Human Rights Colloquium in October 2015. In the video, Professor Fukuda-Parr expands on the political economy blog (Speri.comment) post she had published a
few days earlier. The blog post and selections from the video may be useful for classroom use and
discussion about health and human rights in relation to the SDGs.

Related video: Fukuda-Parr S. The 2030 Agenda and the SDGs—A Course Correction?
Speri.comment: The Political Economy Blog 2015. http://speri.dept.shef.ac.uk/2015/09/30/the-
2030-agenda-and-the-sdgs-a-course-correction.

https://www.youtube.com/watch?v=ezeA2UfCHTw.

This TEDx presentation by human rights lawyer Alicia Ely Yamin explores the connections between
injustice and power in health inequalities and why we should care about such patterns in the world today.

the-implementation-of-sdgs-from-a-gender-perspective-tools-for-accountability-csw60-side-
event/4803953115001.

This webcast panel discusses accountability tools for monitoring the implementation of SDGs from a
gender perspective. The panel took place during the March 2016 United Nations’ 60th session on the
Commission on the Status of Women (CSW60). Participants share ideas on how a strong monitoring
framework, backed by robust gender-sensitive indicators and quality gender statistics, can help support
the implementation of the 2030 Agenda on Sustainable Development and provide tools for accountability.
Additional information about CSW60 is available at http://www.unwomen.org/en/csw/csw60-2016.


This web portal offers key information about universal health coverage available from the World Health
Organization. The site includes information about essential aspects of UHC (health financing, health
workforce, medicines and health products, health statistics, national health policies, and service
delivery/safety), media releases, country progress, multimedia (including videos), WHO programs and
activities, relevant speeches by the WHO Director General, WHO publications, and data and statistics.

https://www.youtube.com/watch?v=dptjt0q6u9M.

This public lecture explores the challenges posed by cultural factors such as religion and faith-based
humanitarian action in efforts to applying human rights in international development and policy issues
around the world today. It identifies tensions that shape humanitarian responses to health rights
violations, emphasizes the importance of human rights principles and rights-based approaches to health in
any global ethics of equity, and outlines possible approaches to interdisciplinary collaboration and
understanding that can advance health rights for all. Founded in 1984, the Grawemeyer Awards annually
honor “powerful ideas” in five fields—music, political science, religion, psychology, and education—which
have the potential to advance justice and make the world a better place.
Organizations


   This website of the United Nations Millennium Development Goals (MDGs)—which aimed to cut global extreme poverty rates in half, halt the spread of HIV/AIDS, and provide universal primary education by 2015—provides links to extensive resources, including background, infographics, progress reports, and material that emerged from the MDGs to inform the post-2015 development agenda.


   This website of the United Nations provides a visually interactive interface to learn about the post-2015 Sustainable Development Goals.


   This organizational portal provides information about and by the United Nations' Every Woman Every Child campaign, which serves in shaping global discussions of accountability and human rights in light of the 2030 Sustainable Development Goals (SDGs). Launched in 2010, the campaign aimed to save the lives of 16 million women and children by 2015. It mobilizes and intensifies international and national action by governments, multilaterals, the private sector, and civil society to address the major health challenges facing women and children around the world. Post-2015, the Every Woman Every Child "Global Strategy for Women's and Children's Health" presents a roadmap on how to enhance financing, strengthen policy, and improve service on the ground for the most vulnerable women and children between 2016 and 2030, to support the implementation of the SDGs. The website portal includes links to information on commitments, networks, accountability, resources, and news and events.


   This web portal features resources about and from the International Network for Economic, Social and Cultural Rights (ESCR-Net). ESCR-Net connects nongovernmental organizations, social movements, and advocates from more than 75 countries in a global movement to make human rights and social justice a reality for all.


   This website represents Human Rights Watch, a nonprofit, nongovernmental human rights organization made up of human rights professionals including country experts, lawyers, journalists, and academics of diverse backgrounds and nationalities. Established in 1978, Human Rights Watch focuses on facts, reporting, media, and targeted advocacy, often in partnership with local human rights groups. The organization publishes more than 100 reports and briefings each year on human rights conditions around the world, meets with governments, the United Nations, regional groups like the African Union and the European Union, financial institutions, and corporations to press for changes in policy and practice that promote human rights and justice.
These web portals highlight work of human rights lawyers who focus on global health law at the O’Neill Institute for National and Global Health Law at Georgetown University Law School. Research resources focus on the relationship of international human rights law (particularly the impact of litigation) and its connection with positive health outcomes. In collaboration with the Lawyers Collective, the O’Neill Institute also hosts a free online Global Health and Human Rights database of law from around the world relating to health and human rights.

Articles


This historic article sets out human rights leader Dr. Jonathan Mann’s framework for a (then) new approach to collaborative scholarship and activism advancing health rights for all. The framework calls for (1) balancing public health goals with human rights norms, (2) describing and assessing the health effects of human rights violations, and (3) advancing research, teaching, field experience and advocacy to recognize the conceptual and practical implications of connecting human rights/dignity with health. Mann’s insights remain important for health and human rights work today.


This article identifies three legal principles that are key to advancing women’s reproductive and sexual health. First, law should require that care be evidence-based, reflecting medical and social science rather than, for instance, religious ideology or morality. Second, legal guidance should be clear and transparent, so that service providers and patients know their responsibilities and entitlements without litigation to resolve uncertainties. Third, law should provide applicable measures to ensure fairness in women’s access to services, both general services and those only women require. Legal developments are addressed that illustrate how law can advance women’s equality, and social justice. The article is most relevant for considering human rights in the context of sexual and reproductive health.


This short article argues that the effort to achieve fairer distribution of the world’s resources must take place through the political process rather than through an appeal for economic, social, and cultural rights. The author argues that strong civil and political rights can be significantly effective in dealing with social and economic inequities and, while not the answer to unfair resource distribution, offer the most effective way to address social and economic justice. This article would be useful in discussing the controversies over human rights and the place of social, economic, and cultural rights.

   This article discusses the complexities involved in thinking about human rights-based approaches to health. The author, a research leader and physician in public health and HIV/AIDS, focuses on evidence from South and Southern Africa and the importance of mutual approaches and nurturing learning networks to realize the right to health.


   This article explores how applying human rights frameworks and human rights-based approaches (HRBAs) to maternal health—including maternal morbidity, mortality, and other violations of sexual and reproductive health and rights—are essential ingredients in effecting long-term change. The author draws on lessons from a decade of women’s health rights efforts and explains the ultimate goals of HRBAs to enable women to live lives of dignity.


   This article highlights key considerations for better addressing sexual and reproductive health and rights issues within universal health coverage (UHC), particularly in the context of the post-2015 sustainable development agenda. The authors describe the history of UHC and its role as a health, development, and health care financing issue, and discuss its limitations as currently understood from a human rights perspective. They show why structural barriers to health, as well as the legal and policy environments that are essential to health (particularly to sexual and reproductive health and rights), require critical consideration in current discussions about health in the post-2015 development framework and must be taken into account above and beyond UHC in any future health goal. The article concludes that UHC alone will not result in universal access to sexual and reproductive health, and certainly not to sexual and reproductive rights. Instead, it should be considered as a means to achieving broader health and development goals. A goal such as seeking to reach the highest attainable standard of health or maximizing healthy lives that is informed by a rights-based approach should be the aspiration for the post-2015 development agenda.


   This report, published by a Lancet Commission in collaboration with the University of Oslo, examines power disparities and dynamics across a range of policy areas that affect health and need improved global governance. It includes explicit consideration of human rights in relation to health. Intended for policymakers, the report would be useful in graduate school classroom discussions about health rights, global governance for health, and health governance. The online report is accompanied by an editorial essay and comments.
  
  [Link](http://www.ohchr.org/Documents/Issues/MDGs/Post2015/AccountabilityAndThePost2015Agenda.pdf)

This three-page article outlines why achieving the effective implementation of the post-2015 development agenda will depend on the creation of a strong “follow-up and review” framework to ensure that the Sustainable Development Goals (SDGs) commitments are met. The follow up and review architecture, at national, regional and global levels should be universal, participatory, and transparent. It must ensure accountability of all relevant actors including the private sector, and track that “no one is being left behind” by monitoring progress with data fully disaggregated by population groups. It emphasizes the importance of all United Nations Member States participating in universal, multi-stakeholder periodic reviews at the global level, and building strong national review processes. Monitoring and review should be evidence-based, on the basis of a data revolution underpinned by human rights. The brief is aimed at participants (including policy experts) in United Nations organizations but is also a useful summary for classroom discussion introducing these issues in the context of public policy, global health, and economic development.

  
  [Link](http://www.who.int/pmnch/knowledge/publications/summaries/ks34/en)

This knowledge summary introduces the importance and added value of human rights standards and principles, and provides practical examples of human rights integration for women’s, children’s and adolescents’ health along the life course, and across the policy cycle and in service delivery. The added practical value of applying human rights in policies, programs and services for women’s, children’s and adolescents’ health is not always immediately clear to stakeholders within and beyond the health sector. Quality technical guidance and human rights documents can help to clarify and inform the integration of human rights in planning and programming. Efforts to integrate human rights must be accompanied by appropriately designed research on and evaluation of their impact on women’s, children’s and adolescents’ health.

  
  
  [Link](http://bmcinthealthhumrights.biomedcentral.com/articles/10.1186/s12914-015-0056-9)

This article synthesizes the literature and global debates concerning the importance of universal health coverage (UHC). It discusses the many different ways that UHC is perceived and argues for the need to pay attention to the complex interactions across the various components of a health system in the pursuit of UHC as a legal human rights issue. As a humanitarian social concept, UHC aims at achieving universal population coverage by enrolling all residents into health-related social security systems and securing equitable entitlements to the benefits from the health system for all. As a health economics concept, UHC guarantees financial protection by providing a shield against the catastrophic and impoverishing consequences of out-of-pocket expenditure, through the implementation of pooled prepaid financing systems. As a public health concept, UHC has attracted several controversies regarding which services
Health and Human Rights: An Annotated Bibliography

should be covered: comprehensive services vs. minimum basic package, and priority disease-specific interventions vs. primary health care. The move towards UHC in lower- and middle-income countries requires all states to effectively recognize the right to health in their national constitutions. It also requires a human rights-focused integrated approach to health service delivery that recognizes the health system as a complex phenomenon with interlinked functional units that must work together effectively before UHC can be achieved.


This article discusses the practice of accountability in health-related rights around the world today. Judges are increasingly being asked to enforce access to entitlements as well as to regulate the conduct of executive branches in relation to the right to health with consequences that have arguable benefits to national health equity. Decisions made by judicial bodies in the context of health rights litigation have far-reaching consequences, not only directly on litigants but also often indirectly on the broader population. This article argues that remedies should not be appended to broken health systems. Rather, access to justice and the ability to enforce judgments must be contemplated by political actors from the beginning of the policy cycle, and proposed remedies can help drive health system and judicial revision and reform. For a meaningful “circle of accountability,” legal opportunity structures that inhibit access to justice must be considered alongside the framing of rights during adjudication, as well as procedural protections for litigants, in addition to the role of the judiciary in monitoring and enforcement of decisions post-judgment. The application of a reflective, purposive approach at each of these points in the judicial process has significant potential to enhance the impact of judicialization of health rights, in terms of equity and accountability within health systems, and beyond.


This article outlines the case for universal health care (UHC) as a realistic goal for enhancing human capability. It draws from examples over the past thirty years, where effective health care is provided at low cost to the bulk of the population, to argue that UHC is a dream that is in fact affordable. The case for UHC is often underestimated due to insufficient appreciation for how affordable and well-organized health care for all can enrich and enhance human lives. Health care plays a dual role in improving human life by removing economic poverty as well as reducing impoverishment in other (not necessarily economic) ways that also matter to everyone. The Indian state of Kerala is one example of possible success, given its successful implementation of UHC despite being one of the poorest states in India. The strong positive interdependence between health and economic performance illustrates the centrality of health in enhancing human capability. The article would be useful in classroom discussions about the controversies related to UHC.


This article discusses the role of accountability in implementation of the post-2015 Sustainable Development Goals (SDGs). The Millennium Development Goals (MDGs) were criticized for failing to address the issue of governance, and the associated notions of responsibility and accountability. It is vital
post-2015 to recognize the structural constraints facing poor countries—the power imbalances in the
global economic system that limit their ability to promote the prosperity and well-being of their people, as
was clearly brought out by the Commission on Global Governance for Health. This article is divided into
three parts. First, it makes the case for a global justice perspective which emphasizes the responsibility—
and hence also accountability—of international organizations and rule-making bodies. Second, it
demonstrates the limitations of accountability mechanisms of the type adopted in the MDGs. Finally, it
concludes by arguing for a new approach to accountability that may be better suited to the post-2015
era.

14. MacNaughton G et al. The Impact of Human Rights on Universalizing Health Care in Vermont, USA.

This article reports on the Vermont Workers’ Center’s human rights-based approach to universal health
care and the extent to which this approach influenced decision makers. In 2011, Vermont was the first
state in the U.S. to enact framework legislation to establish a universal health care system for all its
residents. The article examines motivations, messaging, and response framework, as well as how the
legislation offered an alternative to the economics-based discourse, and the role of human rights principles
in guiding norms for health care in Vermont. These principles empower Vermonters with more voice in
policymaking and have potential to shape ongoing democratic principles of governance.


This opinion paper considers the risks of a narrow focus on universal health coverage (UHC) and its
implications for public health and implementation of the sustainable development goals (SDGs). The
authors consider countries such as Thailand, Colombia and the United States, and particularly non-
communicable diseases (NCDs), such as lung cancer linked to tobacco use. The global move towards UHC
is urgent and long overdue, but the ultimate challenge for policy-makers is to achieve equitable health
outcome improvements through genuine integration of individual- and population-level health promotion
and preventative efforts with curative services. This essay will be useful in health policy discussions about
making UHC work for all.

16. Friedman EA. An Independent Review and Accountability Mechanism for the Sustainable
Development Goals: The Possibilities of a Framework Convention on Global Health. Health and
Human Rights Journal 2016; 18(1). https://www.hhrjournal.org/2016/01/an-independent-review-
and-accountability-mechanism-for-the-sustainable-development-goals-the-possibilities-of-a-
framework-convention-on-global-health.

This article outlines and comments on the potential scope of the Framework Convention on Global Health
(FCGH), a proposed global treaty to be rooted in the right to health and aimed at health equity. Such a
Framework Convention could establish a nuanced, layered, and multi-faceted regime of compliance and
accountability to the right to health. In so doing, it would significantly strengthen accountability for the
health-related Sustainable Development Goals (SDGs), which it would encompass. Legally binding, the
FCGH could facilitate accountability through the courts and catalyze comprehensive domestic
accountability regimes, requiring national strategies that include transparency, community and national
accountability and participatory mechanisms, and an enabling environment for social empowerment. A
“Right to Health Capacity Fund” could ensure resources for these strategies. Inclusive national processes could establish targets, benchmarks, and indicators consistent with FCGH guidance, with regular reporting to a treaty body, which could also hear individual cases. State reports could be required to include plans to overcome implementation gaps, subjecting the poorest performers to penalties and targeted capacity-building measures. Regional special rapporteurs could facilitate compliance through regular country visits and respond to serious violations. And reaching beyond government compliance, from capacity-building to the courts and contractual obligations, the FCGH could establish nationally enforceable right to health obligations on the private sector.


This essay outlines strategies to challenge public leaders who shamelessly flaunt their human rights violations as electoral or recruitment tools. It highlights effective strategies that shift the focus from traditional “shaming” media approaches to instead target their networks of financial enablers and, for those implicated in violations in armed conflicts or security operations, their arms suppliers. By underscoring their enablers’ complicity in abuses and seeking to impose punitive measures on these enablers directly, human rights advocates have a chance to affect the calculations of the shameless too. Some financing or arming abusers may be more vulnerable to being exposed publicly than their clients. And since enabling alone can amount to a serious international crime or human rights abuse, advocates should also make clear that coercive tools like sanctions and punitive measures like prosecutions also apply directly to those who enable such public figures. The essay is one chapter in Human Rights Watch’s 2017 World Report, an annual review of human rights around the globe.